

MAKING A DIFFERENCE



HEALTH CAREERS  
TRAINING & DEVELOPMENT

Score: \_\_\_\_\_

**Training Programs Pre-Screening**  
**Reading, Math, and Writing Test**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Directions:** Read the following paragraphs. Then answer the questions following the paragraphs. All of the questions are multiple choice. Read each question and answer carefully. Choose one best answer and circle a, b or c.

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The fastest-growing segment of the population in the United States is the elderly. The number of long-term health care facilities must increase to meet their needs. Because of medical advances, more people are living to adulthood and old age. Because of the growing number of long-term health care facilities, we are concerned that the elderly receive quality care.

Nurse aides provide most of the direct personal care to the elderly residents. A nurse aide helps in feeding, bathing, and dressing residents, as well as many other daily tasks. The nurse aide can be the resident's best friend.

1. What is the fastest-growing segment of our population?
  - a. pre-schoolers
  - b. teenagers
  - c. the elderly
2. It is our concern that the elderly receive:
  - a. quality care
  - b. discount rates
  - c. medical attention
3. Who provides most of the direct care to the elderly in long-term care facilities?
  - a. Registered Nurse
  - b. Medical Doctors
  - c. Nurse Aides

When you take a person's temperature, you measure his or her body heat. The body produces heat by breaking down the food you eat and by exercise. The body loses heat by perspiration and breathing.

When the body is working properly, its temperature will fall within the normal range. The normal range for adults is between 97.6 and 99.6 degrees Fahrenheit. Body temperature is measured by a thermometer.

1. Which is **not** one of the ways your body produces heat?
  - a. exercise
  - b. breathing
  - c. breaking down food

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2. Normal range for an adult temperature is:
  - a. 97.6 – 99.6 F
  - b. 96.7 – 98.6 F
  - c. 98.6 – 99 F
  
3. You use a thermometer to measure:
  - a. blood pressure
  - b. temperature
  - c. perspiration

When a new resident is admitted to a long-term care facility, they often feel a great deal of stress. Their families can also feel stress. You can help lessen their stress by being helpful and kind.

There are many ways to be helpful. You should call a resident by their correct name, like “Mrs. Jones,” and not “Sweetheart,” or another term like that. Talk slowly and clearly, not rushed. Take time to answer their questions carefully. Encourage them to participate in activities so they can meet people and begin to feel at home.

1. Many times, people feel \_\_\_\_\_ when being admitted to a long-term care facility.
  - a. fear
  - b. stress
  - c. happiness
  
2. A good way to be helpful is to:
  - a. talk slowly and clearly
  - b. answer questions carefully
  - c. both a & b
  
3. Participating in activities helps new residents:
  - a. meet people
  - b. work up an appetite
  - c. sleep better at night

**Below is a series of addition and subtraction problems. Place the correct answer for each problem.**

<b>Addition:</b>	$\begin{array}{r} 1110 \\ + 995 \\ \hline \end{array}$	$\begin{array}{r} 7 \\ 11 \\ + 9 \\ \hline \end{array}$	$\begin{array}{r} 150 \\ + 255 \\ \hline \end{array}$	$\begin{array}{r} 50 \\ 66 \\ + 78 \\ \hline \end{array}$
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<b>Subtraction:</b>	$\begin{array}{r} 120 \\ - 80 \\ \hline \end{array}$	$\begin{array}{r} 250 \\ - 180 \\ \hline \end{array}$	$\begin{array}{r} 90 \\ - 42 \\ \hline \end{array}$	$\begin{array}{r} 200 \\ - 13 \\ \hline \end{array}$
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<b>Multiplication:</b>	$\begin{array}{r} 15 \\ \times 3 \\ \hline \end{array}$	$\begin{array}{r} 82 \\ \times 10 \\ \hline \end{array}$	$\begin{array}{r} 147 \\ \times 9 \\ \hline \end{array}$	$\begin{array}{r} 200 \\ \times 12 \\ \hline \end{array}$
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<b>Division:</b>	12 ÷ 4 =	39 ÷ 6 =	147 ÷ 7 =	250 ÷ 2 =
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**Write a short paragraph stating why you want to take this course and what helped you make the decision.**

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If you need more room, you may use the back of the application.